

## EMERGENCY ACTION PRINCIPLES

Developing first aid common sense is an important part of providing first aid care. First aid, properly given, can reduce the effects of injuries and medical emergencies, can keep a seriously ill or injured person alive, and can mean the difference between a short or a long hospital stay.

In the excitement of an emergency, it is important to stop for a moment to clear your head and think before you act. When responding to an emergency situation, remain calm and apply the four (4) emergency action principles:

1. Survey the scene
2. Do a primary survey of the victim
3. Phone the emergency medical services (EMS) system for help.
4. Do a secondary survey of the victim