

Position the Victim.

Roll victim onto back,
if necessary.

Kneel facing victim, midway
between victim's hips and shoulders.



Straighten victim's legs if necessary,
and move arm closer to you above
victim's head.

Lean over victim, and place one hand
on victim's shoulder and other hand
on victim's hip.



Roll victim toward you as a single unit;
as you roll victim, move your hand from
shoulder to support back of head and neck.

Place victim's arm nearer you alongside
victim's body.