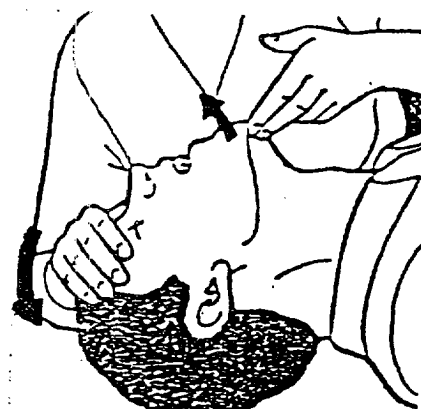


Position the Victim
 Roll victim onto back,
 if necessary
 Kneel facing victim, midway
 between
 victim's hips and shoulders.
 Straighten victim's legs,
 if necessary,
 and move victim's arm closer
 to you above
 victim's head.
 Lean over victim and place
 one hand on
 victim's shoulder and other
 hand on victim's hip.
 Roll victim toward you as
 a single unit;
 as you roll victim, move your
 hand from victim's
 shoulder to support back of
 the head and neck.
 Place victim's arm nearer you
 alongside victim's body.



Open the Airway(Use head-tilt/
 chin-lift)
 Place one hand-the one nearer
 the victim's
 hear--on victim's forehead.
 Place 2 fingers of other hand
 under bony part
 of lower jaw near chin.
 Tilt head and lift jaw.
 Avoid closing victim's
 mouth. Avoid pushing on soft
 parts under chin.



Check for Breathlessness
 (Is breathing present?)
 Maintain open airway with
 head-tilt/chin-lift.
 Place your ear over victim's
 mouth and nose.
 Look at chest, listen and feel
 for breathing for 3 to 5 seconds.
 Say, "No breathing."

