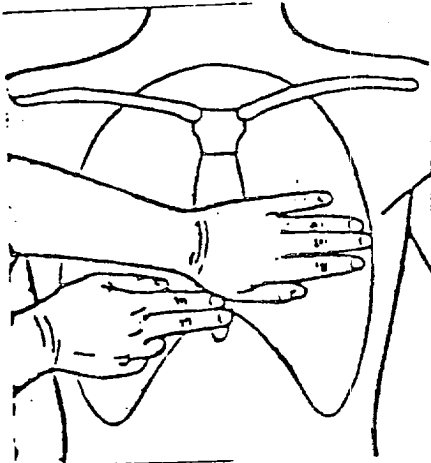
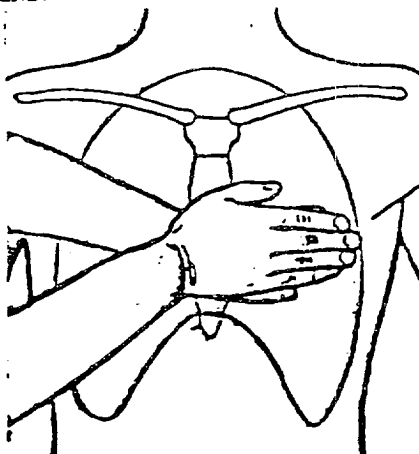


## CPR SKILL SHEETS



Place heel of hand nearer victim's head on breastbone next to index finger of hand used to find notch.



Place heel of hand used to locate notch directly on top of heel of other hand.

Keep fingers off victim's chest.



Position shoulders over hands, with elbows locked and arms straight.