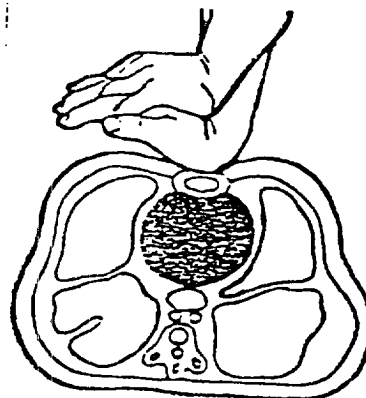


## GIVE 15 COMPRESSIONS

Compress breastbone 1 1/2 to 2 inches at a rate of 80 to 100 compressions per minute. (15 compressions should take 9 to 11 seconds.) Count aloud, "One and two and three and four and five and six and.....fifteen and," (Push down as you say the number and come up as you say and.)



Compress down and up smoothly, keeping hand contact with chest at all times.

